

INSTRUCTIONS FOR UPLOADING AND DOWNLOADING FILES TO US

1. If you don't already have a FTP software for uploading files, download the free FTP client FILEZILLA. Just Google the word FILEZILLA and download the client from their website. It is free. Do not install FILEZILLA server, install client.

2. Install FILEZILLA and run. When interface comes up you will see at the top of the window: HOST, USERNAME, PASSWORD

3. Ask us to create an FTP account for you and we will give you a username. Once you have it, enter the following information in the fields:

Host---ftp.pak-n-heat.com

username----the one we give you.

password----the one we give you.

4. Click quickconnect

5. Create folders as necessary and upload your graphics.